



Planner

Conference - Day 1 – Wednesday, January 31, 2018

(Don't forget a second choice, just in case)

<p>Full Day Seminars (11:00 a.m. – 5:00 p.m. lunch from 1:00 p.m. – 2:30p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC109AP - Dr. Adele Lefrance - <i>It's A Family Affair: Emotion-Focused Family Therapy For The Treatment Of Mental Health Issues Across The Lifespan</i><input type="checkbox"/> IC111AP -Reid Wilson – <i>Stopping the Noise: How To Change The Anxious Mind Rapidly</i> <p>Notes:</p>	<p>AM Presentations (11:00 a.m. – 1:00 p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC104A – John Briere and Ronald Siegel – <i>Acceptance and Forgiveness in Trauma Treatment</i><input type="checkbox"/> IC105A – Alexis Rodriguez – <i>Resolving Tranference and Countertransference with the Balint Psychodrama Approach</i><input type="checkbox"/> IC107A – Mabel Whilby – <i>Helping Families Adjust to an ASD Diagnosis</i><input type="checkbox"/> IC108A – Janina Fisher – <i>Somatic Interventions for Treating Complex Trauma</i>
	<p>PM Presentations (2:30 p.m. – 5:00 p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC103P – Diana Fosha and Esther Perel – <i>The Edge of Attachment and Sexuality: Explorations in Intimacy and Vitality</i><input type="checkbox"/> IC105P – Jack Saul and Alexis Ruiz – <i>Dealing with Trauma After Disasters: International and Cuban Approaches</i><input type="checkbox"/> IC107P - Dr. Elsa Araujo Pradere and Dr. Rosario Fraga Gomez - <i>The Practice Of Psychotherapy In Cuban Public Health</i><input type="checkbox"/> IC108P - Dr. Jorge Luis Velazques Julián - <i>Bioemotional Integration: Rethinking Talk Therapy</i><input type="checkbox"/> IC110P -Gina Biegel and Caroline Welch



Imagine Planner

Conference - Day 2 – Thursday, February 1, 2018

(Don't forget a second choice, just in case)

<p>Full Day Seminars (11:00 a.m. – 5:00 p.m. lunch from 1:00 p.m. – 2:30p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC209AP - Lisa Ferentz - <i>Post-Traumatic Growth: A Journey Of Hope And Healing</i><input type="checkbox"/> IC210AP - Ross Greene – <i>Collaborative & Proactive Solutions: Understanding And Helping Students With Social, Emotional, And Behavioral Challenges</i><input type="checkbox"/> IC211AP – Ron Siegel - <i>Getting Beyond I, Me, Mine: Mindfulness, Wisdom, And Compassion In Psychotherapy</i>	<p>AM Presentations (11:00 a.m. – 1:00 p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC203A – Diana Fosha - <i>Undoing Aloneness: The Dyadic Healing Of Attachment Trauma</i><input type="checkbox"/> IC205A – Roxanne Castellanos Cabrera – <i>“AcompañArte”: Group Therapy For Latency-Age Children</i><input type="checkbox"/> IC207A – Alexis Lorenzo Ruiz – <i>Human Behaviour In Critical And Extreme Situations: Theories And Best-Practices From Emergency And Disaster Response And Recovery</i><input type="checkbox"/> IC208A – Natacha Godbout - <i>Trauma, Sex, And Couple: Understanding The Effects Of Childhood Interpersonal Trauma On Sexual-Relational Adult Functioning To Guide Leading Edge Empirically-Based Psychotherapeutic Intervention</i> with presentation by a representative of CENESEX (Cuban National Center for Sex Education)
<p>Notes:</p>	<p>PM Presentations (2:30 p.m. – 5:00 p.m.)</p> <ul style="list-style-type: none"><input type="checkbox"/> IC204P – Dan Siegel And Jorge Luis Velázquez Julián – <i>Mind/Bind/Spirit/Soul : Neural Processes And Mental Health</i><input type="checkbox"/> IC205P – Caroline Welch – <i>Roadmap To Optimizing Personal And Professional Well-Being For Women</i><input type="checkbox"/> IC207P - Sat Dharam Kaur - <i>Beyond Addiction: The Yogic Path To Recovery</i><input type="checkbox"/> IC208P - John Briere - <i>High Risk Behaviours In Adolescents And Young Adults</i>



Imagine Planner

Conference - Day 3 – Friday, February 2, 2018

(Don't forget a second choice, just in case)

<p>Full Day Seminars (11:00 a.m. – 5:00 p.m. lunch from 1:00 p.m. – 2:30p.m.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> IC305AP - Gina Biegel - <i>Be Mindful And Stress Less: 50 Ways To Deal With Your (Crazy) Life</i> <input type="checkbox"/> IC311AP - Jack Saul - <i>Building Resilience In Families, Communities And Organizations: A Training Program In Global Mental Health And Psychosocial Support</i> 	<p>AM Presentations (11:00 a.m. – 1:00 p.m.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> IC303A - Daniel Siegel - <i>Attachment And The Developing Mind In Psychotherapy</i> <input type="checkbox"/> IC305A -Ida Fernández Inufio - <i>The Design, Implementation And Evaluation Of Integrative Group Psychotherapy: Students With Emotional And Behavioural Disorders</i> <input type="checkbox"/> IC307A - Pedro Ruiz - <i>Focusing On Dual Disorders</i> <input type="checkbox"/> IC308A - Joe Kort And Rita Pereira - <i>Gender And Sexual Fluidity: Working With Sexual And Gender Identities</i> <input type="checkbox"/> IC308A - Elizabeth Mendez Parra - <i>Inter-Family Therapy Approach: Working With Families In Havana)</i>
<p>Notes:</p>	<p>PM Presentations (2:30 p.m. – 5:00 p.m.)</p> <ul style="list-style-type: none"> <input type="checkbox"/> IC304P- Esther Perel - <i>The State Of Affairs: Rethinking Our Clinical Attitudes Toward Infidelity</i> <input type="checkbox"/> IC306P - Klaus Deissler - <i>Systematic Reflective Therapy</i> <input type="checkbox"/> IC307P - Jorge Montaldo - <i>Play, Music, Health: The Use Of Music And Play In Therapy</i> <input type="checkbox"/> IC308P - Joe Kort - <i>Gender And Sexual Fluidity: Working With Clients Boutique Sexual And Gender Identities</i> <input type="checkbox"/> IC309P - Linda Graham - <i>Resilience And Post-Traumatic Growth</i> <input type="checkbox"/> IC310P - Georgina Fariñas García - <i>Psychoballet: Cuba's Movement And Dance Therapy</i>



Imagine

Imagine Planner

Optional Events: Pre-Conference, Post Conference, Tours and Evening Events!

<p>Pre-Conference - Day 1 – January 29, 2018 (Choose 1 per day)</p> <ul style="list-style-type: none"> <input type="checkbox"/> PC103 – Daniel J. Siegel - <i>The Science of Consciousness and the Future of Psychotherapy</i> <input type="checkbox"/> PC104 – John Briere – <i>The Pain Paradox: The “Third Wave” of Mindfulness-Compassion Based Approaches for PTSD and Complex Trauma</i> <p>Pre-Conference - Day 2 – January 30, 2018 (Choose 1 per day)</p> <ul style="list-style-type: none"> <input type="checkbox"/> PC203 – Linda Graham - <i>Bouncing Back: Learning To Cope With Disappointment, Difficulty, Even Disaster</i> <input type="checkbox"/> PC204 – Janina Fisher – <i>Healing The Fragmented Selves Of Trauma Survivors: Overcoming Self-Alienation</i> <p>Notes:</p>	<p>Tours – All tours are full day tours Sunday January 28</p> <ul style="list-style-type: none"> <input type="checkbox"/> PCTOURA – <i>Tour A: Old Havana Walking Tour and Murealando</i> <input type="checkbox"/> PCTOURB – <i>Tour B: Old Havana Walking Tour And Hemingway Museum</i> <p>Monday, January 29, 2018</p> <ul style="list-style-type: none"> <input type="checkbox"/> PCTOURC – <i>Tour C: Urban Organic Farm, Cuban Religion And Community Mental Health</i> <input type="checkbox"/> PCTOURD - <i>Tour D: Old Havana Walking Tour And Health Care In Cuba</i> <p>Tuesday, January 30, 2018</p> <ul style="list-style-type: none"> <input type="checkbox"/> PCTOURE - <i>Tour E: Old Havana Walking Tour And Health Care In Cuba</i> <input type="checkbox"/> PCTOURF - <i>Tour F: Child Welfare, Mental Health, Community Art, And Martin Luther King Centre</i> <p>Thursday, February 1, 2018</p> <ul style="list-style-type: none"> <input type="checkbox"/> PCTOURG - <i>Tour G: Old Havana Walking Tour, Museum Of The Revolution, And Papitos</i> <input type="checkbox"/> PCTOURH - <i>Tour H: Tour H: Urban Organic Farm And Hidden Havana Bus Tour</i>
<p>Post-Conference (Choose 1)</p> <ul style="list-style-type: none"> <input type="checkbox"/> IVMALL1 – Ronald Siegel – <i>Mindfulness, Compassion, and Psychotherapy: An Educational Retreat</i> <input type="checkbox"/> IVMALL2 – Diana Fosha – <i>How To Be A Transformational Therapist</i> 	<p>Evening Events</p> <ul style="list-style-type: none"> <input type="checkbox"/> ICPM02 - Thursday, February 1 - 7:00 p.m. - <i>A Special Performance Of Psychoballet: Cuba's Compelling "Therapy For The Soul"</i> <input type="checkbox"/> ICPM03 - Friday, February 2 - 7pm - <i>Closing Ceremonies and Performance</i>



Imagine Planner – Hotels

Have you chosen your accommodations in Havana?

Sheraton Four Points - Basic Room Rates:

- Single Room (One Person): \$272.55 /Night
 - Double Occupancy Room: (Per/Person): \$202.40 /Person /Night
-

Memories Miramar Habana - Basic Room Rates:

- Single Room (One Person): \$194.95 /Night
 - Double Occupancy Room: (Per/Person): \$131.10 /Person /Night
-

Starfish Montehabana (Formerly Memories Montehabana)

Basic Room Rates:

- Single Room (One Person): \$172.50 /Night
- Double Occupancy Room: (Per/Person): \$143.75 /Person /Night

Deluxe Suite Room Rates:

- Single Room (One Person): \$212.75 /Night
- Double Occupancy Room: (Per/Person): \$224.25 /Person /Night

Junior Suite Room Rates:

- Single Room (One Person): \$224.25 /Night
 - Double Occupancy Room: (Per/Person): \$247.25 /Person /Night
-

Hotel Meliá Habana

Basic Room Rates:

- Single Room (One Person): \$399.00 /Night
- Double Occupancy Room: (Per/Person): \$226.55 /Person /Night

Piso Executive Level Room Rates:

- Single Room (One Person): \$468.05 /Night
 - Double Occupancy Room: (Per/Person): \$284.05/Person /Night
-

NH Capri La Habana Hotel - Basic Room Rates:

- Single Room (One Person): \$322.00 /Night
- Double Occupancy Room: (per/person): \$190.90 /Person /Night



Imagine Planner – Hotels

Have you chosen your accommodations in Varadero?

Meliá Varadero

The Level Oceanview Room

- Single Room (one person): \$341.55 /night
- Double Occupancy Room: (per/person): \$257.60 /person /night

The Level Standard Room

- Single Room (one person): \$341.55 /night
- Double Occupancy Room: (per/person): \$257.60/person /night

The Classic Oceanview Room

- Single Room (one person): \$278.30 /night
- Double Occupancy Room: (per/person): \$194.35 /person /night

The Classic Room

- Single Room (one person): \$278.30 /night
- Double Occupancy Room: (per/person): \$194.35/person /night